



CURRENT HAPKIDO YELLOW BELT 8TH

LAST NAME:

FIRST NAME:

AGE:

DATE OF TESTING:

APPLICATION DUE 2 DAYS BEFORE TEST DATE BY 7:30 PM:

TESTING TIME

TESTING FEE: Check the appropriate fee rate

\$60 if turned in **before** 7:30pm on application due date

\$85 if turned in **after** 7:30pm on application due date

Additional fees to attend NON-regular testing

+\$10 for Make up test

+\$20 for Private test by appointment, see office

READ AND CHECK THE FOLLOWING BOXES:

YES, I understand that this application may be turned in Early, and absolutely **MUST BE turned in by 7:30pm Two days prior to the test date to receive the discounted testing price.**

YES, I have completed the worksheet on the back of this form. The White Tiger manual contains all of the answers.

A class is offered every week to study the manual.

I may submit this application after earning my white stripe

School age students: attach a graded **Home Report Card.**

School age students: attach a copy of your latest **School Report Card.** If you turned in the latest version, do not Turn it in again. Copier is available for 25¢.

YES this applicant received perfect School Report Card and is eligible for the Academic Achievement Award. Applications without school report cards attached will not Be considered for the award.

for judges only

TESTING KICK

Front Stretch Kick,
Ahp-Chee-0-lig-gie

Coordination...	100	95	90	85	80	75	70	65	60
Height...	100	95	90	85	80	75	70	65	60
Confidence/Yell	100	95	90	85	80	75	70	65	60

FALLING SKILL NOK BUP

BACK ROLL FALL

Technique ... 100 95 90 85 80 75 70 65 60

IMPROVED CAT ROLL

Technique 100 95 90 85 80 75 70 65 60

SELF DEFENSE

HO SHIN SOOL - BLIND ATTACK

DWEE-AH=SUH CHOP-UL-DAE

Coordination...	100	95	90	85	80	75	70	65	60
Control ...	100	95	90	85	80	75	70	65	60
Effectiveness...	100	95	90	85	80	75	70	65	60
Showmanship	100	95	90	85	80	75	70	65	60

TERMINOLOGY

Overall Score.. 100 95 90 85 80 75 70 65 60

GENERAL REMARKS

Confidence ...	100	95	90	85	80	75	70	65	60
Attitude...	100	95	90	85	80	75	70	65	60
Discipline ...	100	95	90	85	80	75	70	65	60
Focus...	100	95	90	85	80	75	70	65	60

COMMENTS: _____

RESULTS		
PASS	HOLD	RETEST

TESTING TO HAPKIDO GREEN STRIPE 7TH



CURRENT HAPKIDO YELLOW BELT 8TH

- Complete the following written test. All answers have been covered in class and are in the White Tiger Manual. The manual is available online.
- Practice tests, videos and flash cards are available online so you may study them in advance of your next test. Do not wait until the last minute.
- Parents may assess (but do not do the work) for young children.
- Classes are available every week to help you study for this test.

<http://www.whitetigertkd.com/testing.html>

- 1. What does “Hap” in Hapkido mean?**
 - a. The path to White Tiger
 - b. Harmony
 - c. Cosmic force
 - d. Path of Discipline
 - e. Hopping
- 2. What is the name of your self defense skill for testing?**
 - a. Dwee Cha-gie, Doe-lee-o Cha-gie
 - b. Dwe-me-o Cha-gie
 - c. Chop Suey
 - d. Sone-moke Dweep
 - e. Dwee-ah-suh Chop-ul-dae
- 3. What part of the body protects the neck in a cat roll?**
 - a. The head
 - b. The tailbone
 - c. The heart
 - d. The arms
 - e. The feet
- 4. Why do we yell in class?**
 - a. Because we are mad
 - b. Because we are crazy
 - c. To obtain more power, regulate breathing, reduce tension, etc.
 - d. So we can win money
 - e. To scare the teacher
- 5. What is the target area for an axe kick?**
 - a. The head or chest
 - b. The backside
 - c. On the foot
 - d. On the cockroach
 - e. On the fingers
- 6. Taekwondo uses straight linear motions, Hapkido uses what type of motions?**
 - a. Angular
 - b. Crooked
 - c. Circular
 - d. Backward
 - e. Downward
- 7. From what country does Hapkido originate?**
 - a. South Korea
 - b. North Korea
 - c. East Korea
 - d. West Korea
 - e. Seoul, Korea
- 8. How do you say “seven” in Korean??**
 - a. dule
 - b. hah-na
 - c. ah-hope
 - d. ill-gope
 - e. net
- 9. What is “key”?**
 - a. Yelling
 - b. The Forefinger
 - c. A wrist lock
 - d. Power or energy within a person
 - e. Electricity
- 10. What is the name of your testing kick in English?**
 - a. Front Stretch Kick
 - b. Backward Kick
 - c. Roundhouse, back kick
 - d. Front kick
 - e. Back jump kick

TESTING TO HAPKIDO GREEN STRIPE 7TH