



CURRENT HAPKIDO GREEN STRIPE 7TH

LAST NAME:

FIRST NAME:

AGE:

DATE OF TESTING:

APPLICATION DUE 2 DAYS BEFORE TEST DATE BY 7:30 PM:

TESTING TIME

TESTING FEE: Check the appropriate fee rate

\$65 if turned in **before** 7:30pm on application due date

\$90 if turned in **after** 7:30pm on application due date

Additional fees to attend NON-regular testing

+\$10 for Make up test

+\$20 for Private test by appointment, see office

READ AND CHECK THE FOLLOWING BOXES:

YES, I understand that this application may be turned in Early, and absolutely **MUST BE turned in by 7:30pm Two days prior to the test date to receive the discounted testing price.**

YES, I have completed the worksheet on the back of this form. The White Tiger manual contains all of the answers.

A class is offered every week to study the manual.

School age students: attach a graded **Home Report Card.**

School age students: attach a copy of your latest **School Report Card.** If you turned in the latest version, do not Turn it in again. Copier is available for 25¢.

YES this applicant received perfect School Report Card and is eligible for the Academic Achievement Award. Applications without school report cards attached will not Be considered for the award.

for judges only

TESTING KICK

Axe Kick - *Nay-lee-ah Cha-gie*

Coordination... 100 95 90 85 80 75 70 65 60

Height... 100 95 90 85 80 75 70 65 60

Confidence/Yell 100 95 90 85 80 75 70 65 60

FALLING SKILL NOK BUP

SIDE FALL (RIGHT SIDE)

Technique ... 100 95 90 85 80 75 70 65 60

SIDE FALL (LEFT SIDE)

Technique ... 100 95 90 85 80 75 70 65 60

IMPROVED CAT ROLL

Technique 100 95 90 85 80 75 70 65 60

SELF DEFENSE

HO SHIN SOOL - HIP THROW

UP-AH CHEE-GIE

Coordination... 100 95 90 85 80 75 70 65 60

Control ... 100 95 90 85 80 75 70 65 60

Effectiveness... 100 95 90 85 80 75 70 65 60

Showmanship 100 95 90 85 80 75 70 65 60

TERMINOLOGY

Overall Score.. 100 95 90 85 80 75 70 65 60

GENERAL REMARKS

Confidence ... 100 95 90 85 80 75 70 65 60

Attitude... 100 95 90 85 80 75 70 65 60

Discipline ... 100 95 90 85 80 75 70 65 60

Focus... 100 95 90 85 80 75 70 65 60

COMMENTS: _____

RESULTS

PASS

HOLD

RETEST

TESTING TO HAPKIDO GREEN BELT 6TH



CURRENT HAPKIDO GREEN STRIPE 7TH

- Complete the following written test. All answers have been covered in class and are in the White Tiger Manual. The manual is available online.
- Practice tests, videos and flash cards are available online so you may study them in advance of your next test. Do not wait until the last minute.
- Parents may assess (but do not do the work) for young children.
- Classes are available every week to help you study for this test.

<http://www.whitetigertkd.com/testing.html>

- 1. Why are there no tournaments for Hapkido?**
 - a. Everyone is scared
 - b. No rules have been established
 - c. Prohibited by law
 - d. Too dangerous
 - e. Not enough competitors
- 2. What is the name of your self defense skill for testing?**
 - a. Up-ah Chee-gie
 - b. Dwe-me-o Cha-gie
 - c. Sone-moke Kwan-jil-kick-kie
 - d. Sone-moke Dweep
 - e. Dwee-ah-suh Chop-ul-dae
- 3. What is the name of your testing kick in English?**
 - a. Hatchet Kick
 - b. Drop Kick
 - c. Cockroach Kick
 - d. Axe Kick
 - e. Ash Kick
- 4. What is the name of your self defense skill in English?**
 - a. Wrist lock
 - b. Hip throw
 - c. Neck lock
 - d. Arm bar
 - e. Submission
- 5. What is a pressure point?**
 - a. A vital point
 - b. A sensitive spot on the body
 - c. A vulnerable area
 - d. A "chink in the armor"
 - e. All of the above
- 6. What part of the body touches the ground during a cat roll?**
 - a. Arm & back
 - b. Head & neck
 - c. Stomach & knees
 - d. Face
 - e. Forehead
- 7. Why do we bow to each other in class?**
 - a. To scar each other
 - b. To show respect
 - c. To check our feet
 - d. To stretch the back muscles
 - e. To be funny
- 8. What does "Nay-lee-ah Chee-gie" mean?**
 - a. Axe throw
 - b. Axe block
 - c. Axe kick
 - d. Axe spear
 - e. Axe your teacher
- 9. What is the best way to defend yourself?**
 - a. Strike first
 - b. Knock them out
 - c. Use a weapon
 - d. Kick then run
 - e. Avoid confrontation
- 10. What does the logo on the Federation patch represent?**
 - a. Gun power
 - b. Pull my finger
 - c. Korea
 - d. Eye poke
 - e. Key energy

TESTING TO HAPKIDO GREEN BELT 6TH