



CURRENT HAPKIDO BLACK STRIPE 1ST

LAST NAME:

FIRST NAME:

AGE:

DATE OF TESTING:

APPLICATION DUE 2 DAYS BEFORE TEST DATE BY 7:30 PM:

TESTING TIME

TESTING FEE: Check the appropriate fee rate

\$95 if turned in **before** 7:30pm on application due date

\$120 if turned in **after** 7:30pm on application due date

Additional fees to attend NON-regular testing

+\$10 for Make up test

+\$20 for Private test by appointment, see office

READ AND CHECK THE FOLLOWING BOXES:

YES, I understand that this application may be turned in Early, and absolutely **MUST BE turned in by 7:30pm Two days prior to the test date to receive the discounted testing price.**

YES, I have completed the worksheet on the back of this form. The White Tiger manual contains all of the answers.

I may test after earning 3 stripes.

School age students: attach a graded **Home Report Card.**

School age students: attach a copy of your latest **School Report Card.** If you turned in the latest version, do not Turn it in again. Copier is available for 25¢.

YES this applicant received perfect School Report Card and is eligible for the Academic Achievement Award. Applications without school report cards attached will not Be considered for the award.

for judges only

TESTING KICK

Roundhouse Kick, Tornado Kick

Doe-lee-o Cha-gie, Hay-o-dee Cha-gie

Coordination... 100 95 90 85 80 75 70 65 60

Height... 100 95 90 85 80 75 70 65 60

Confidence/Yell 100 95 90 85 80 75 70 65 60

FALLING SKILL NOK BUP

SIDE FALL JUMP

Technique ... 100 95 90 85 80 75 70 65 60

IMPROVED CAT ROLL

Technique 100 95 90 85 80 75 70 65 60

SELF DEFENSE

HO SHIN SOOL - POLICE DEFENSE

YUN HANG SOOL

Coordination... 100 95 90 85 80 75 70 65 60

Control ... 100 95 90 85 80 75 70 65 60

Effectiveness... 100 95 90 85 80 75 70 65 60

Showmanship 100 95 90 85 80 75 70 65 60

TERMINOLOGY

Overall Score.. 100 95 90 85 80 75 70 65 60

GENERAL REMARKS

Confidence ... 100 95 90 85 80 75 70 65 60

Attitude... 100 95 90 85 80 75 70 65 60

Discipline ... 100 95 90 85 80 75 70 65 60

Focus... 100 95 90 85 80 75 70 65 60

COMMENTS: _____

RESULTS

PASS

HOLD

RETEST

TESTING TO HAPKIDO BODON BELT



CURRENT HAPKIDO RED STRIPE 1ST

- Complete the following written test. All answers have been covered in class and are in the White Tiger Manual. The manual is available online.
- Practice tests, videos and flash cards are available online so you may study them in advance of your next test. Do not wait until the last minute.
- Parents may assess (but do not do the work) for young children.
- Classes are available every week to help you study for this test.

<http://www.whitetigertkd.com/testing.html>

- 1. Name a reason why we yell during training:**
 - a. To obtain more power
 - b. To startle or intimidate your opponent
 - c. To reduce tension in your body
 - d. To regulate breathing
 - e. All of the above
- 2. What do the bars on the Korean flag symbolize?**
 - a. The four elements
 - b. The four horseman
 - c. Punching, Kicking, Sparring & Breaking
 - d. Eye, Body, Mind & Spirit Focus
 - e. Hah-na, Dule, Set, Net
- 3. What is the name of your testing kick in Korean?**
 - a. Dwee Cha-gie, Doe-lee-o Cha-gie
 - b. Double Doe-lee-o Cha-gie
 - c. Doe-lee-o Cha-gie, Hay-o-dee Cha-gie
 - d. Dwee-me-o Cha-gie
 - e. Doe-ryuh Cha-gie, Yang-ball Cha-gie, Hay-doo-o Cha-gie, Dwee Cha-gie
- 4. What is the difference between Hapkido and Taekwondo?**
 - a. Hapkido is from Japan, Taekwondo is from Korea
 - b. Be silent in Hapkido but yell in Taekwondo
 - c. Wear shoes for Hapkido but barefoot for Taekwondo
 - d. Hapkido primarily uses joint locks, sweeps & takedowns; Taekwondo uses kicks & punches
 - e. Hapkido is only for beginners; Taekwondo is only for advanced students
- 5. What is the name of your self defense technique?**
 - a. Boke-Joke Sool
 - b. Yung-gum Sool
 - c. Bong-kwan Sool
 - d. Bong-gong Joke
 - e. Yun-hang Sool
- 6. How do you say "self defense" in Korean?**
 - a. Ho-shim nee-ka
 - b. Kyung-nay
 - c. Ah-pah-yo
 - d. Ho-rang-ee
 - e. Ho-shin Sool
- 7. What is a Black Belt called if they are under 16 years old?**
 - a. Poom-say
 - b. Pooh
 - c. Pom Pon
 - d. Poom
 - e. Poof
- 8. What are the colors of the belts in progression?**
 - a. White, Yellow, Orange, Blue, Green & Black
 - b. White, Yellow, Green, Red & Black
 - c. Green, White, Blue, Red & Black
 - d. White, Yellow, Green, Blue, Red & Black
 - e. White, Green, Blue/Red, Black & Brown
- 9. Who are the Korean Tigers?**
 - f. Feature exhibit at the Jakarta Zoo
 - g. A circus act
 - h. Professional Martial Arts Team
 - i. Olympic Judges
 - j. Pro Basketball Team
- 10. What is the code of the ancient Masters?**
 - a. Avoid rather than check, check rather than hurt, hurt rather than main, main rather than kill
 - b. Check rather than avoid, hurt rather than check, kill rather than maim
 - c. Strike first, Strike hard, no mercy
 - d. The golden rule
 - e. Dead men don't talk

TESTING TO HAPKIDO BODON BELT