



CURRENT TAEKWONDO RED BELT 2ND

LAST NAME:

FIRST NAME:

AGE:

DATE OF TESTING:

APPLICATION DUE 2 DAYS BEFORE TEST DATE BY 7:30 PM:

TESTING TIME

TESTING FEE: Check the appropriate fee rate

- ☐ **\$85** if turned in **before** 7:30pm on application due date
☐ **+\$6** for 2 boards for 1 hand & 1 foot combo break
☐ **\$110** if turned in **after** 7:30pm on application due date

Additional fees to attend NON-regular testing

- ☐ **+\$10** for Make up test
☐ **+\$20** for Private test by appointment, see office

READ AND CHECK THE FOLLOWING BOXES:

- ☐ YES, I understand that this application may be turned in Early, and absolutely **MUST BE turned in by 7:30pm** **Two days prior to the test date to receive the discounted testing price.**
- ☐ YES, I have completed the worksheet on the back of this form. The White Tiger manual contains all of the answers.
- ☐ A class is offered every week to study the manual.
- ☐ I will break 2 boards at the test. Board fees are added to The test fee. Boards will be provided at the test.
- ☐ I will bring my sparring gear to the test.
I may test after earning 3 stripes.
- ☐ School age students: attach a graded **Home Report Card**.
- ☐ School age students: attach a copy of your latest **School Report Card**. If you turned in the latest version, do not Turn it in again. Copier is available for 25¢.
- ☐ YES this applicant received perfect School Report Card and is eligible for the Academic Achievement Award. Applications without school report cards attached will not Be considered for the award.

for judges only

TESTING KICK

Sliding Roundhouse Kick, Back Kick

Ba-ryun Doe-lee-o Chagie, Dwee Chagie

Coordination... 100 95 90 85 80 75 70 65 60
Height... 100 95 90 85 80 75 70 65 60
Confidence/Yell 100 95 90 85 80 75 70 65 60

FORM POOM-SAY

Tae Guek Chil Jahng (7)

Accuracy ... 100 95 90 85 80 75 70 65 60
Coordination... 100 95 90 85 80 75 70 65 60
Rhythm ... 100 95 90 85 80 75 70 65 60
Power... 100 95 90 85 80 75 70 65 60

SELF-DEFENSE #20, #21, #22

Understanding 100 95 90 85 80 75 70 65 60
Coordination... 100 95 90 85 80 75 70 65 60
Control... 100 95 90 85 80 75 70 65 60
Power... 100 95 90 85 80 75 70 65 60

WRITTEN TEST

Located online or on the back of this form

Overall Score.. 100 95 90 85 80 75 70 65 60

SPARRING

Overall Score.. 100 95 90 85 80 75 70 65 60

BREAKING

Overall Score.. 100 95 90 85 80 75 70 65 60

SHOWMANSHIP

Confidence ... 100 95 90 85 80 75 70 65 60
Attitude... 100 95 90 85 80 75 70 65 60
Discipline ... 100 95 90 85 80 75 70 65 60
Focus... 100 95 90 85 80 75 70 65 60

RESULTS

PASS

HOLD

RETEST

TESTING TO TAEKWONDO BLACK STRIPE 1ST



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- Complete the following written test. All answers have been covered in class and are in the White Tiger Manual. The manual is available online.
- Practice tests, videos and flash cards are available online so you may study them in advance of your next test. Do not wait until the last minute.
- Parents may assess (but do not do the work) for young children.
- Classes are available every week to help you study for this test.

<http://www.whitetigertkd.com/testing.html>

- 1. Name the first martial arts manual?**
 - a. Legend of the White Tiger
 - b. The Yi Ching
 - c. Taekwondo for Dummies
 - d. Moo-yee Doe-boe Ton-gee
 - e. Kuk-ki-won Student Manual
- 2. What is the Hwa-rang-do?**
 - a. An ancient elite office corps
 - b. A famous tournament
 - c. A black uniform
 - d. An ancient taekwondo weapon
 - e. An ancient Chinese Secret
- 3. What is the differences between karate and taekwondo?**
 - a. Karate is from Japan, Taekwondo is from Korea
 - b. Karate is for people who cannot do taekwondo
 - c. Karate uses more hand techniques
 - d. Taekwondo uses more foot/leg techniques
 - e. a, c and d are correct
- 4. When was taekwondo made a full medal sport in the Olympic Games?**
 - a. 1996
 - b. 1998
 - c. 2000
 - d. 2002
 - e. 2005
- 5. What are your testing kicks**
 - a. Back Kick, Roundhouse Kick
 - b. Jumping Side Kick, High Block
 - c. Jumping Back Kick, Tornado Kick
 - d. Sliding Roundhouse Kick, Back Kick and Jumping Back Kick
 - e. Back Jump Kick
- 6. How many moves are in your poom-say?**
 - a. 25
 - b. 27
 - c. 22
 - d. 28
 - e. 24
- 7. What color is "Hong" in competition?**
 - a. Red
 - b. Blue
 - c. Black
 - d. Bodon
 - e. Gold
- 8. What is "WTF Headquarters" in Korean?**
 - a. Kook-gie-won
 - b. Gam-sa-hom-nee-da
 - c. Olympica Cha-gie
 - d. Kook-gie
 - e. Cookie-won
- 9. The World Taekwondo Federation was founded:**
 - a. May 28, 1973
 - b. May 28, 1393
 - c. May 28, 1793
 - d. August 23, 1965
 - e. 2000 Olympics in Sydney
- 10. What happened to Korea in 1910?**
 - a. Taekwondo became an Olympic Sport
 - b. The Wing Dynasty was forcibly overcome by Genghis Khan
 - c. The Ming Dynasty was forcibly overcome By Mongolia
 - d. The Yi Dynasty was forcibly overcome By Japan
 - e. The Seoul volcano erupted

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