



# CURRENT LADY TIGERS GREEN STRIPE 7TH

LAST NAME:

FIRST NAME:

AGE:

DATE OF TESTING:

APPLICATION DUE 2 DAYS BEFORE TEST DATE BY 7:30 PM:

TESTING TIME

TESTING FEE: Check the appropriate fee rate

\$60 if turned in **before** 7:30pm on application due date

\$85 if turned in **after** 7:30pm on application due date

*Additional fees to attend NON-regular testing*

+\$10 for Make up test

+\$20 for Private test by appointment, see office

### READ AND CHECK THE FOLLOWING BOXES:

YES, I understand that this application may be turned in Early, and absolutely **MUST BE turned in by 7:30pm Two days prior to the test date to receive the discounted testing price.**

YES, I will ask for my Lady Tigers Patch upon submitting this testing application. I will have the patch sewn on my uniform, over my heart, before the belt ceremony..

### ANSWER IF OVER 40 YEARS OF AGE ONLY

Being over 40 years of age, I understand that I should have a mammogram every year. I must take care of myself so I can protect myself and my loved ones.

### REQUIREMENT TO BE ELIGIBLE TO TEST

I verify that I have had a mammogram within the past twelve months. (If not, make your appointment today).

*for judges only*

## HAND SKILL

### TIGER CLAW STRIKE

*Ahp-goop-sone moke chee-gie*

Coordination...	Proficient	needs work
Power...	Proficient	needs work
Accuracy	Proficient	needs work
Confidence/Yell	Proficient	needs work

## KICK

ROUNDHOUSE KICK - Doe-lee-oh Cha-gie

Coordination...	Proficient	needs work
Power...	Proficient	needs work
Accuracy	Proficient	needs work

## FORM

PAHL-GWAY YI JAHNG

Understanding...	Proficient	needs work
Coordination...	Proficient	needs work
Power	Proficient	needs work
Yell / Key-Halp	Proficient	needs work

## SELF DEFENSE

1 STEP SPARRING W/ PARTNER (1-3)

Coordination...	Proficient	needs work
Timing	Proficient	needs work
Confidence	Proficient	needs work

## WEAPON

ATM CARD W/ ATTACKER

Coordination...	Proficient	needs work
Timing	Proficient	needs work
Confidence	Proficient	needs work

## RESULTS

PASS    HOLD    RETEST

# TESTING TO LADY TIGERS GREEN BELT 6TH