



CURRENT HAPKIDO BLUE BELT 4TH

LAST NAME:

FIRST NAME:

AGE:

DATE OF TESTING:

APPLICATION DUE 2 DAYS BEFORE TEST DATE BY 7:30 PM:

TESTING TIME

TESTING FEE: Check the appropriate fee rate

\$80 if turned in **before** 7:30pm on application due date

\$105 if turned in **after** 7:30pm on application due date

Additional fees to attend NON-regular testing

+\$10 for Make up test

+\$20 for Private test by appointment, see office

READ AND CHECK THE FOLLOWING BOXES:

YES, I understand that this application may be turned in Early, and absolutely **MUST BE turned in by 7:30pm Two days prior to the test date to receive the discounted testing price.**

YES, I have completed the worksheet on the back of this form. The White Tiger manual contains all of the answers.

A class is offered every week to study the manual.

School age students: attach a graded **Home Report Card.**

School age students: attach a copy of your latest **School Report Card.** If you turned in the latest version, do not Turn it in again. Copier is available for 25¢.

YES this applicant received perfect School Report Card and is eligible for the Academic Achievement Award. Applications without school report cards attached will not Be considered for the award.

for judges only

TESTING KICK

Back Hook Kick

Dee-doe-rah Who-ryuh Cha-gie

Coordination... 100 95 90 85 80 75 70 65 60

Height... 100 95 90 85 80 75 70 65 60

Confidence/Yell 100 95 90 85 80 75 70 65 60

FALLING SKILL NOK BUP

BACK FALL JUMP

Technique ... 100 95 90 85 80 75 70 65 60

IMPROVED CAT ROLL

Technique 100 95 90 85 80 75 70 65 60

SELF DEFENSE

HO SHIN SOOL - OFFENSIVE GRABS

SUN SOOL

Coordination... 100 95 90 85 80 75 70 65 60

Control ... 100 95 90 85 80 75 70 65 60

Effectiveness... 100 95 90 85 80 75 70 65 60

Showmanship 100 95 90 85 80 75 70 65 60

TERMINOLOGY

Overall Score.. 100 95 90 85 80 75 70 65 60

GENERAL REMARKS

Confidence ... 100 95 90 85 80 75 70 65 60

Attitude... 100 95 90 85 80 75 70 65 60

Discipline ... 100 95 90 85 80 75 70 65 60

Focus... 100 95 90 85 80 75 70 65 60

COMMENTS: _____

RESULTS

PASS

HOLD

RETEST

TESTING TO HAPKIDO RED STRIPE 3RD



CURRENT HAPKIDO BLUE BELT 4TH

- Complete the following written test. All answers have been covered in class and are in the White Tiger Manual. The manual is available online.
- Practice tests, videos and flash cards are available online so you may study them in advance of your next test. Do not wait until the last minute.
- Parents may assess (but do not do the work) for young children.
- Classes are available every week to help you study for this test.

<http://www.whitetigertkd.com/testing.html>

- 1. Why do we use kicking targets?**
 - a. For power
 - b. For speed
 - c. For self-defense
 - d. For accuracy
 - e. For fun
- 2. What is the name of your testing kick in English?**
 - a. Back Kick
 - b. Hookup Kick
 - c. Back Hook Kick
 - d. Tornado Kick
 - e. Roundhouse Kick
- 3. What is the name of your testing kick in Korean?**
 - a. Doe-lee-o Cha-gie
 - b. Dee-doe-rah Who-ryuh Chagie
 - c. Dwee Chagie
 - d. Hay-oh-dee Chagie
 - e. Hook Chagie
- 4. What is the name of your self defense technique?**
 - a. Bong-Joke sool
 - b. Oui-book Sool
 - c. Sun Sool
 - d. Dwee-ah-suh Chop-ul-dae
 - e. Bong-gong Joke
- 5. What does a break fall protect?**
 - a. The backside
 - b. The upper arm
 - c. The head & internal organs
 - d. The side of the knee
 - e. The head or chest area
- 6. What was "Moo-song" used for?**
 - a. Jumping on to horses
 - b. Breaking techniques
 - c. Karaoke
 - d. Jumping quietly over obstacles
 - e. Sweeping
- 7. What does "Cha-gie" mean?**
 - a. Kick
 - b. Strike
 - c. Punch
 - d. Block
 - e. Yell
- 8. What is the purpose of "don-chun" breathing?**
 - a. To lose weight
 - b. To burn more calories
 - c. To create more internal power, strength & control
 - d. To remain mobile & flexible
 - e. For digestion
- 9. What do we do, on average, 13,500 times a day?**
 - a. Think about Hapkido testing
 - b. Swallow
 - c. Blink
 - d. Breathe
 - e. Scratch
- 10. What does "Yull Hah-na" mean?**
 - a. Yell Once
 - b. Yellow Belt
 - c. Eleven
 - d. One
 - e. First

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