



CURRENT TAEKWONDO RED BELT 2ND

LAST NAME:

FIRST NAME:

AGE:

DATE OF TESTING:

APPLICATION DUE 2 DAYS BEFORE TEST DATE BY 7:30 PM:

TESTING TIME

TESTING FEE: Check the appropriate fee rate

☐ **\$90** if turned in **before** 7:30pm on application due date

☐ **\$115** if turned in **after** 7:30pm on application due date

Additional fees to attend NON-regular testing

☐ **+\$10** for Make up test

☐ **+\$20** for Private test by appointment, see office

READ AND CHECK THE FOLLOWING BOXES:

☐ YES, I understand that this application may be turned in Early, and absolutely **MUST BE turned in by 7:30pm Two days prior to the test date to receive the discounted testing price.**

☐ YES, I have completed the worksheet on the back of this form. The White Tiger manual contains all of the answers.

A class is offered every week to study the manual.

☐ School age students: attach a graded **Home Report Card**.

☐ School age students: attach a copy of your latest **School Report Card**. If you turned in the latest version, do not Turn it in again. Copier is available for 25¢.

☐ YES this applicant received perfect School Report Card and is eligible for the Academic Achievement Award. Applications without school report cards attached will not Be considered for the award.

for judges only

TESTING KICK

Roundhouse Kick, Back Kick

Doe-lee-o Cha-gie, Dwee Cha-gie

Coordination... 100 95 90 85 80 75 70 65 60

Height... 100 95 90 85 80 75 70 65 60

Confidence/Yell 100 95 90 85 80 75 70 65 60

FALLING SKILL NOK BUP

HIGH CAT ROLL OVER OBSTACLE

Technique ... 100 95 90 85 80 75 70 65 60

IMPROVED CAT ROLL

Technique 100 95 90 85 80 75 70 65 60

SELF DEFENSE

HO SHIN SOOL - KNIFE DEFENSE

BONG-GUM SOOL

Coordination... 100 95 90 85 80 75 70 65 60

Control ... 100 95 90 85 80 75 70 65 60

Effectiveness... 100 95 90 85 80 75 70 65 60

Showmanship 100 95 90 85 80 75 70 65 60

TERMINOLOGY

Overall Score.. 100 95 90 85 80 75 70 65 60

GENERAL REMARKS

Confidence ... 100 95 90 85 80 75 70 65 60

Attitude... 100 95 90 85 80 75 70 65 60

Discipline ... 100 95 90 85 80 75 70 65 60

Focus... 100 95 90 85 80 75 70 65 60

COMMENTS: _____

RESULTS

PASS

HOLD

RETEST

TESTING TO TAEKWONDO BLACK STRIPE 1ST



CURRENT TAEKWONDO RED BELT 2ND

- Complete the following written test. All answers have been covered in class and are in the White Tiger Manual. The manual is available online.
- Practice tests, videos and flash cards are available online so you may study them in advance of your next test. Do not wait until the last minute.
- Parents may assess (but do not do the work) for young children.
- Classes are available every week to help you study for this test.

<http://www.whitetigertkd.com/testing.html>

- 1. Name the first martial arts manual?**
 - a. Legend of the White Tiger
 - b. The Yi Ching
 - c. Taekwondo for Dummies
 - d. Moo-yee Doe-boe Ton-gee
 - e. Kuk-ki-won Student Manual
- 2. What is the Hwa-rang-do?**
 - a. An ancient elite office corps
 - b. A famous tournament
 - c. A black uniform
 - d. An ancient taekwondo weapon
 - e. An ancient Chinese Secret
- 3. What is the differences between Hapkido and Aikido?**
 - a. Hapkido is for the young, Aikido is for the old
 - b. Hapkido uses rubber knives, Aikido uses hatchets
 - c. Hapkido is from Korea, Aikido is from Japan
 - d. Hapkido trains in bare feet, Aikido trains in slippers
 - e. Hapkido is ancient, Aikido was founded in 1982
- 4. What is the name of your self-defense technique?**
 - a. Bong-Joke Sool
 - b. Bong-gum Sool
 - c. Bong-kwan Sool
 - d. Bong-gong Joke
 - e. Chum-gum Sool
- 5. What are your testing kicks in English?**
 - a. Roundhouse Kick, Back Kick
 - b. Jumping Side Kick, High Block
 - c. Jumping Back Kick, Tornado Kick
 - d. Sliding Roundhouse Kick, Back Kick and Jumping Back Kick
 - e. Back Jump Kick
- 6. What is the purpose of falling techniques?**
 - a. To protect the head & vital organs
 - b. To protect the shins & top of the feet
 - c. To protect the fingers
 - d. To prevent a bloody nose
 - e. To confuse an attacker
- 7. When can children begin taking Hapkido?**
 - a. At age 16
 - b. After they pass the taekwondo Black Belt test
 - c. After receiving Master approval
 - d. All of the above
 - e. None of the above
- 8. Why is it important to have a variety of partners in Hapkido?**
 - a. In case you make one mad
 - b. In case one moves away
 - c. To ensure you can defend from a variety of situations
 - d. For social interaction
 - e. So you have an increased chance of winning
- 9. What is the name of your testing kick in Korean?**
 - a. Doe-lee-o Chagie, Dwee Chagie
 - b. Bak-ru Chagie, Mak-ru Chagie
 - c. Yop Chagie, Ahp Chagie
 - d. Su Chagie, Mak-ru Chagie
 - e. Doe-lee-o Chagie, Ahp-ru Chagie
- 10. What happened to Korea in 1910?**
 - a. Taekwondo became an Olympic Sport
 - b. The Wing Dynasty was forcibly overcome by Genghis Khan
 - c. The Ming Dynasty was forcibly overcome By Mongolia
 - d. The Yi Dynasty was forcibly overcome By Japan
 - e. The Seoul volcano erupted

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