



CURRENT TAEKWONDO YELLOW STRIPE 9TH

LAST NAME:

FIRST NAME:

AGE:

DATE OF TESTING:

APPLICATION DUE 2 DAYS BEFORE TEST DATE BY 7:30 PM:

TESTING TIME

TESTING FEE: Check the appropriate fee rate

\$50 if turned in **before** 7:30pm on application due date

\$75 if turned in **after** 7:30pm on application due date

Additional fees to attend NON-regular testing

+\$10 for Make up test

+\$20 for Private test by appointment, see office

READ AND CHECK THE FOLLOWING BOXES:

YES, I understand that this application may be turned in Early, and absolutely **MUST BE turned in by 7:30pm Two days prior to the test date to receive the discounted testing price.**

YES, I have completed the worksheet on the back of this form. The White Tiger manual contains all of the answers.

I will NOT be sparring at this test. I will be required to spar when testing for the next belt (green stripe). Sparring gear is required and available for purchase in the Paw Shop.

School age students: attach a graded **Home Report Card.**

School age students: attach a copy of your latest **School Report Card.** If you turned in the latest version, do not Turn it in again. Copier is available for 25¢.

YES this applicant received perfect School Report Card and is eligible for the Academic Achievement Award. Applications without school report cards attached will not Be considered for the award.

for judges only

TESTING KICK

Roundhouse Kick
Doe-lee-o Cha-gie

Coordination...	100	95	90	85	80	75	70	65	60
Height...	100	95	90	85	80	75	70	65	60
Confidence/Yell	100	95	90	85	80	75	70	65	60

FORM POOM-SAY

Basic Form 2 - Gi-bone Hyung 2

Accuracy ...	100	95	90	85	80	75	70	65	60
Coordination...	100	95	90	85	80	75	70	65	60
Rhythm ...	100	95	90	85	80	75	70	65	60
Power...	100	95	90	85	80	75	70	65	60

SELF-DEFENSE #1 & #2

Understanding	100	95	90	85	80	75	70	65	60
Coordination...	100	95	90	85	80	75	70	65	60
Control...	100	95	90	85	80	75	70	65	60
Power...	100	95	90	85	80	75	70	65	60

WRITTEN TEST

Located online or on the back of this form

Overall Score..	100	95	90	85	80	75	70	65	60
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SHOWMANSHIP

Confidence ...	100	95	90	85	80	75	70	65	60
Attitude...	100	95	90	85	80	75	70	65	60
Discipline ...	100	95	90	85	80	75	70	65	60
Focus...	100	95	90	85	80	75	70	65	60

COMMENTS: _____

RESULTS		
PASS	HOLD	RETEST

TESTING TO TAEKWONDO YELLOW BELT 8TH



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- Complete the following written test. All answers have been covered in class and are in the White Tiger Manual. The manual is available online.
- Practice tests, videos and flash cards are available online so you may study them in advance of your next test. Do not wait until the last minute.
- Parents may assess (but do not do the work) for young children.
- Classes are available every week to help you study for this test.

<http://www.whitetigertkd.com/testing.html>

- 1. Count to ten in Korean:**
 - a. Yull, Ah-hope, Yul-dul, Ya-sat, Da-sut, Net, Set Dule, Hah-na
 - b. One, Two, Three, Four, Five, Six, Seven. Eight, Nine, Ten
 - c. Dule, Set, Net, Dat-sat, Ya-sut, Ill-gope, Yul-dull, Ah-hope, Yull, Yul hah-na
 - d. Dule, Net, Ya-sut, Yuh-dull, Ah-hope, Yull, Hah-na, Set, Da-sut, ill-gope
 - e. Hah-na, Dule, Set, Net, Da-sut, Ya-sut. Ill-gope, Yuh-dull, Ah-hope, Yull
- 2. What is the name of your testing kick in English?**
 - a. Back Kick
 - b. Roundhouse Kick
 - c. Back Hook Kick
 - d. Front Snap Kick
 - e. Back Jump Kick
- 3. What is the name of your testing kick in Korean?**
 - a. Ahp-Chagie, Doe-lee-o Cha-gie
 - b. Doe-lee-o Cha-gie
 - c. Ahp Cha-gie, Dwee Cha-gie
 - d. Dwe-me-o Cha-gie, Ahp Cha-gie
 - e. Chang Cha-gie
- 4. Name three types of focus we practice in Taekwondo:**
 - a. Eye, Ear and Nose Focus
 - b. Body, Mind and Spirit Focus
 - c. Water, Fire and Earth Focus
 - d. Blood, Sweat and Tears Focus
 - e. Eye, Body and Mind Focus
- 5. Where should you put your shoes while in class?**
 - a. The floor in the Cafe area
 - b. The floor in the changing area
 - c. Don't wear shoes to school
 - d. In the shoe cubbies or your gym bag
 - e. In the office
- 6. How many moves are in your poom-say?**
 - a. 200
 - b. 2
 - c. 22
 - d. 222
 - e. 20
- 7. What is the name of your poomsae?**
 - a. Basic Form #16
 - b. The second one
 - c. Gi-BonreHyung 2
 - d. Dog-Bone
 - e. Key-halp #2
- 8. Which self-defense techniques have you learned?**
 - a. #1 & #2
 - b. All of them
 - c. None of them
 - d. i#1 through #10
 - e. The even ones
- 9. What does Ahp-Chagie mean?**
 - a. Roundhouse kick
 - b. Outside Crescent Kick
 - c. Jumping Kick
 - d. Front Snap Kick
 - e. Kick
- 10. What is the name of the Professional Martial Arts team from Korea?**
 - a. The American Tigers
 - b. The Koreans
 - c. The Korean Tigers
 - d. The Korean Dragons
 - e. The Rockettes

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